



"NeuroGastro 2026" VII International Postgraduate Course

Scientific Program

March
6th - 7th
2026



Auditorio del Complejo
Antonino Fernández
Hospital Español Ciudad de
México.

motilidad.org



"NeuroGastro 2026"

VII International Postgraduate Course



"Strong foundations for a leading clinical practice"

ASOCIACION MEXICANA DE NEUROGASTROENTEROLOGIA Y MOTILIDAD (AMNM)

"NeuroGastro 2026"

VII International Postgraduate Course

March 6th-7th, 2026

Auditorio del Complejo Antonino Fernández Hospital Español
Ciudad de México

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Course Directors:

Octavio Gómez Escudero
Enrique Coss-Adame
José María Remes Troche

International Faculty:

Adil E. Bharucha	President, American Neurogastroenterology and Motility Society (ANMS) Mayo Clinic, Rochester, MN, USA
Jordi Serra	President, Asociación Española de Neurogastroenterología y Motilidad (ASENEM) Head, GI Motility Unit Hospital Vall d'Hebron, Barcelona, España
José Ignacio Hanna	President, Sociedad Latinoamericana de Neurogastroenterología y Motilidad Guayaquil, Ecuador
Satish SC Rao	Distinguished University Chair Medical College of Georgia Augusta University
Dustin A. Carlsson	Feinberg School of Medicine Hospital Northwestern Chicago, IL, EU
Ronnie Fass	Managing Director, Digestive Health Center Metro Health System Cleveland, OH, EU
Elizabeth Barba Orozco	Neurogastroenterology and Motility Unit Hospital Clínic Barcelona, España
Jose Alberto S. Arenas	Research Fellow Esophageal Diseases Mayo Clinic, Scottsdale, AZ

Local Faculty:

Ana Teresa Abreu Y Abreu
Mercedes Amieva-Balmori
Jorge Aquino Matus
Eduardo Cerda Contreras
Ramón Carmona Sánchez
José Antonio Chávez Barrera
Enrique Coss Adame
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Aurelio López Colombo
Gabriela Rojas Loureiro
Miguel Morales Arámbula
Eliana Carolina Morel Cerda
Gabriela Navarro Bustamante
Joanna Jiménez Pavón
José María Remes Troche
María Celina Rodríguez Leal
María Teresa Sánchez Avila
Augusto Sánchez Morrill
Max J. Schmulson Wasserman

Julio César Soto Pérez
Edgardo Suárez Morán
Gustavo Torres Barrera Oscar
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Toro Monjaraz
Mónica Zavala Solares
Federico Villegas García

Hospital Angeles Pedregal, CDMX
IIIMB, Veracruz. Ver
Hospital Médica Sur, CDMX
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Práctica Privada, San Luis Potosí. SLP CMN, La Raza, CDMX
INCMNSZ, CDMX
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Hospital Angeles Acoxta. CDMX
Hospital Angeles Acoxta, CDMX
Hospital Angeles Querétaro, Qro
CMN, La Raza, CDMX

THURSDAY 5th

14:00-18:00 **"Hands On" Workshop: GI Motility Studies: "From esophageal manometry to FLIP, and from anorectal manometry to biofeedback"**

Gastrologen (Cupo Limitado)

Chair: Dr. Luis R. Valdovinos

16:00-18:30 **Interactive Workshop: Meet The Experts
Neurogastroenterology Fellows / International Faculty**

Hospital Español

FRIDAY, 6th

7:00 **Registry**

8:20 **Welcome**

Octavio Gómez Escudero

Module I:

From Physiology and pathophysiology to diagnostic tests: Understanding physiologic fundamentals behind diagnostic tests

Chairs: Dr. Gustavo Torres B, Dr. Fausto García García

8:30-8:45 **Physiology behind a normal high resolution esophageal manometric trace**

Dr. Luis R. Valdovinos

8:45-9:00 **Physiology behind a FLIP trace**

Dr. Dustin Carlsson

9:00-9:15 **Pathophysiology behind an esophageal motor disorder manometric trace**

Dr. Enrique Coss Adame

9:15-9:30 **Physiology behind a normal high resolution anorectal manometry trace**

Dr. Adil Bharucha

9:30-9:45 **Physiology behind a pelvic floor disorder manometric trace**

Dr. Satish SC Rao

9:45-10:00 **Q&A**

10:00-10:30 **Coffee-break**

Module II:

Adapting our practice to newer Guidelines, Scores and Consensus: Around the world in (a little more than) 80 minutes

Chairs: Dra. Mónica Zavala, Dr. Miguel Morales

10:30-10:45 **Chicago v.4.0**

Dra. Sofía Villar

10:45-11:00 **Dallas Consensus / Cars Score**

Dr. Dustin Carlsson

11:00-11:15 **San Diego**

Dr. Miguel A. Valdovinos



- 11:15-11:30 **Lyon 2.0 / Lyon Score**
Dr. Ronnie Fass
- 11:30-11:45 **Milan /Padova**
Dr. Aurelio López Colombo
- 11:45-12:00 **London**
Dr. Adil Bharucha
- 12:00-12:15 **Discussion**
- 12:15-12:30 **State of the Art Lecture: Getting Ready for Our Trip to Rome V: What Can We Expect?**
Dr. José María Remes Troche
- 12:30-13:00 **Coffee-Break**

Module III:

Intestinal Gas: At what point does it become abnormal?

Chairs: Dra.Lourdes Lol-Be Pinzón, Dra, Gabriela Navarro B.

- 13:00-13:15 **Normal intestinal gas physiology**
Dr. Jordi Serra
- 13:15-13:30 **Disorders associated with belching, abelchia, and rumination**
Dra. Elizabeth Barba Orozco
- 13:30-13:45 **Functional Bloating and Distention**
Dr. Jordi Serra
- 13:45-14:00 **GI Microbial overgrowth: SIBO, IMO, SIFO, et al**
Dr. José Ignacio Hanna Jairalá
- 14:00-14:15 **Abdominophrenic dysinergia, and diaphragmatic flutter**
Dra. Elizabeth Barba Orozco
- 14:15-14:30 **Q&A**

Meeting The Professor Lunch Sessions

14:30-16:00

Module IV: Spectrum of Gut-Brain Interaction Disorders

Chairs: Dr.Edgardo Suárez, Dra. María T. Sánchez Avila

- 16:00-16:15 **NCCP Overlap with other DGBI**
Dr. Ronnie Fass
- 16:15-16:30 **GERD-Functional Heartburn Overlap**
Dra. Marina González
- 16:30-16:45 **Post-infectious DGBI**
Dr. Eduardo Cerda C.
- 16:45-17:00 **Extraintestinal Manifestations of DGBI**
Dr. Paulo C. Gómez C
- 17:00-17:15 **Motor and sensitive manifestations of EoE**
Dr. Josealberto S. Arenas
- 17:15-17:30 **Q&A**

Pediatric Neurogastroenterology Postgraduate Course
8:30-14:00Salón Victoria

SATURDAY 7th

7:00-8:30 Registry

Module V:

Neuromodulation in DGBI: From A to Z

Chairs: Dr. Federico Villegas, Dr. Raúl A. Jiménez Castillo

- 8:30-8:45 **Gut-Brain Axis and Neuromodulation Basic Concepts**
Dra. Karla García Zermeño
- 8:45-9:00 **Neuromodulation in Esophageal DGBI**
Dr. Ronnie Fass
- 9:00-9:15 **Neuromodulation in Gastroduodenal DGBI**
Dr. Octavio Gómez Escudero
- 9:15-9:30 **Neuromodulation in Bowel DGBI**
Dr. Max J. Schmulson W.
- 9:30-9:45 **Neuromodulation in Anorectal DGBI**
Dr. Adil Bharucha
- 9:45-10:00 **Non-Pharmacological Neuromodulation: Psychological Therapies**
Dra. Joanna Jiménez Pavón
- 10:00-10:15 **Non-Pharmacological Neuromodulation: External Devices**
Dra. María Eugenia Icaza
- 10:15-10:30 **Q&A**
- 10:30-11:00 **Coffee Break**

Module VI:

Pharmacology: GI Motility side effects of common use medications

Chairs: Dra. María Celina Rodríguez, Dr. Oscar Teramoto

- 11:00-11:15 **GLP-1/GIP Agonists**
Dra. Eliana Morel Cerda
- 11:15-11:30 **Opioids**
Dra. Ana T. Abreu
- 11:30-11:45 **Antispasmodic agents**
Dr. Ramón Carmona Sánchez
- 11:45-12:00 **Q&A**
- 12:00-12:30 **Coffee Break**

Module VII:

Common mistakes during performance and interpretation of diagnostic tests, and tips to solve them: short cases

Chairs: Dr. Julio C. Soto, Dr. Augusto Sánchez M.

- 12:30-12:45 **Esophageal Manometry**
Dr. Genaro Vázquez E.
- 12:45-13:00 **FLIP**
Dra. Elizabeth Barba O.



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- 13:00-13:15 **pH monitoring studies**
Dr. Jorge Aquino M.
- 13:15-13:30 **Anorectal Manometry**
Dra. Gabriela Rojas Loureiro
- 13:30-13:45 **Biofeedback**
Dra. Mercedes Amieva Balmori
- 13:45-14:00 **Discussion**
- 14:00 **Closing Remarks**
Dr. Octavio Gómez Escudero

Pediatric Neurogastroenterology Postgraduate Course

8:30-14:00 Salón Victoria

Industry-Sponsored Breakfast and Lunch-Sessions

Friday March 6

- 7:00-8:20 **Medtronic**
Salón Pacífico
- 14:30-16:00 **Prometis**
Salón Victoria
- Carnot**
Salón Montejo
- Adium**
Salón Jardín

Saturday March 7

- 7:00-8:30 **Menarini**
Salón Pacífico



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